



**ROANOKE
COUNTY VA**

PUBLIC LIBRARY

RESOURCES FOR RESILIENCE FROM RCPL

Roanoke County Public Library has pulled together resources to help during these difficult times. For more information, call us at 540-772-7507 or email reference@roanokecountyva.gov. We are here for you.

ADDICTION & SUBSTANCE ABUSE SUPPORT

[Blue Ridge Behavioral Healthcare](#)

24-Hour Crisis Services: 540-981-9351

Initial Visit: 540-343-3007

Blue Ridge Behavioral Healthcare (BRBH) is the Community Services Board that can help with multiple issues, including substance use disorders in the Roanoke Valley of Virginia.

[Curb the Crisis](#)

Search this site maintained by Governor's Task Force on Prescription Drug and Heroin Abuse in Virginia to find help and treatment options for addiction and substance abuse.

[Substance Abuse and Mental Health Services Administration](#)

1-800-662-HELP (4357)

Receive free, confidential, 24/7, 365-day-a-year treatment referral and information service (in English and Spanish) for individuals and families facing mental and/or substance use disorders. The Substance Abuse and Mental Health Services Administration (SAMHSA) maintains a Web site (findtreatment.gov) that shows the location of residential, outpatient, and hospital inpatient treatment programs for drug addiction and alcoholism throughout the country.

FOOD SUPPORT

[Salem Food Bank](#) | 540-389-6938

[Feeding America Southwest Virginia](#) | 540-342-3011 x7021

[Friendship House](#) | 540-343-5437

VA Department of Health

Text "food" or "comida" to 877877 to learn about the nearest local feeding sites.

INTERNET/WIFI

[Hotspots for Checkout](#)

We now have hotspots available for checkout with Verizon and T-Mobile coverage areas.

Wi-Fi is accessible for free from your car in any RCPL parking lot.

JOB SKILLS

Improve your resume, brush up on your interview technique, and learn new skills. The library has a number of great FREE resources to explore. Be sure to check out these two premium sites available for free with your library card:

[BrainFuse JobNow](#): Provides live interactive online help combined with online resources to guide you through the necessary tasks to get a job.

[Gale Presents: Peterson's Career Prep](#): Find personalized career assessments, comprehensive career information, job searching capabilities, and resume editing software - including over 5,000 resume templates and cover letter samples.

[LinkedIn Learning](#): An online learning platform offering self-paced courses on business, technology and creative skills.

Need a library card? [Sign up for one of our eCards today](#). If you already have a card, but don't know the number call us.

MEDICAL CARE

Have you lost your health insurance because of a job loss? Here are some options you may wish to investigate:

- You may be able to temporarily continue coverage through your recent employer sponsored plan via the [Consolidated Omnibus Budget Reconciliation Act \(COBRA\)](#). Losing one's job due to coronavirus related layoffs is a qualifying event that would trigger access to this coverage. Talk to your company's HR department for details.
- The loss of employer sponsored health insurance is also a qualifying event for a Special Enrollment Period to purchase a Marketplace plan through [Healthcare.gov](#).
- You may also check to see if you qualify for Medicaid at the [CommonHelp](#) website.
- If you cannot afford or qualify for any of the above, search for a [Free Clinic in Virginia](#).
- You can also search the website of the [Virginia Community Healthcare Association](#) to find free and low-cost health care providers.

MENTAL HEALTH SUPPORT

If you are struggling, there are many sources of help. Don't be afraid to reach out.

[Blue Ridge Behavioral Healthcare](#)

Intake: 540-343-3007, Scheduling 540-344-1723

[National Domestic Violence Hotline](#)

1-800-799-7233 and TTY 1-800-787-3224

[National Suicide Prevention Lifeline](#)

1-800-273-8255

[Substance Abuse and Mental Health Services Administration](#)

1-800-985-5990

SMALL BUSINESS HELP

If you're a small business owner, here are some sources to investigate:

[U.S. Small Business Administration](#): Features small business guidance and loan resources during the pandemic.

[VA Dept of Small Business](#): Contains updated information on loans, grants, paycheck protection, and other COVID-19 related news for small businesses.

[VEC Covid19 Updates/CARES Act benefit](#): Highlights specific COVID-19 related help for workers and small businesses.

ROANOKE COUNTY SOCIAL SERVICES

Our local Social Services Department can help match you with benefit programs you may be eligible for. Search their [website](#) for programs or call them at 540-387-6087 for more information.

UNEMPLOYMENT

File online on the [Virginia Employment Commission's website](#). You can also file a new claim by phone from Monday-Friday between 8:15am and 4:30pm (closed state holidays): 1-866-832-2363

UTILITY BILL HELP

If you lack the funds to pay your utility bills, there may be help:

[2-1-1 Virginia](#): Simply search using your zip code and the keywords "utility assistance" in Area of need textbox.

[Dominion Energy EnergyShare Program](#): May be applied to the cost of heating and cooling from any source. Call 540-288-8223 for eligibility screening. For more information, visit [2-1-1 Virginia](#).

VACCINATION + TESTING INFORMATION FOR COVID-19

Find COVID-19 information from vaccinations to testing.

[Virginia Department of Health COVID-19 Vaccine Information Page](#)

[Vaccination Eligibility Quiz](#): This quiz will help inform you which phase in the COVID-19 vaccination campaign you fall in.

[Local Drive Thru COVID-19 Testing Sites](#)

Vaccine FAQs

[Virginia Department of Health](#)

[Center for Disease Control](#)

LIBRARY RESOURCES

Visit [rocolibrary.org](#) to learn about all of the resources available to you with your library card.

[Reservations](#) available at Glenvar, Hollins, South County, and Vinton.

Drive thru windows now open at Glenvar, South County, and Vinton.

[Curbside services are available at all six RCPL location.](#)

Visit our website to review operating hours, protocol information, reservations, and more.

