



Connect to Care

What is a Virtual Medical Care Visit?

Your health is important to us – we are here to support you in staying well. Virtual care is a private and secure way to meet with your Marathon Health provider through video and/or phone. Accessible on your mobile phone, tablet, or computer, **you can access healthcare wherever you are through the Marathon eHealth Portal or the Marathon Health app.**

Take Care of Your Health

Schedule a virtual appointment online via the [Marathon Health app](#) or the [Marathon eHealth Portal](#). Log in and schedule an appointment by selecting 'Virtual' as your appointment location. Choose the service you'd like under 'Appointment Type.' Select your provider and appointment time and click 'Schedule.' Confirm the state you are located in and availability.

If your desired virtual appointment is not available, call the Marathon Health & Wellness Center South at 540-777-6355 to schedule.

Connect, Virtually

When joining from a mobile device, please download the Zoom app before your first appointment. You do not need to create an account. Marathon Health uses a HIPAA-compliant technology based on the Zoom platform for its

Virtual Services Available at the Marathon Health & Wellness Center South

- Medical Care
- Health coaching
- Chronic condition check-in

Mon- Wed:
7am - 5pm
Fri: 7am - 12pm

540-777-6355

[Visit the Marathon eHealth Portal](#)

[Download the Marathon Health app](#)



Once Zoom is downloaded, or when joining by computer, click the 'Join' button from the Appointments page of the Marathon eHealth Portal. A reliable internet connection is required to start your appointment.

COVID-19 Guidance

- If you have respiratory, flu-like, or potential COVID-19 symptoms (fever, cough, shortness of breath, please call the center to discuss your symptoms with your provider. Please note that the center is not able to do COVID-19 testing at this time.
- If you are in respiratory distress (difficulty breathing, call 911 or go to the ER.
- For additional information please visit the [CDC website](#).



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Marathon Health is required to ensure the privacy and confidentiality of individual health data at all times in accordance with privacy and security laws.