

Community Health and Well-Being Focus Group



Below is the meeting summary for the second Community Health and Well-Being Focus Group meeting. The purpose of this meeting was to select approximately three goals per topic for further study. In the following three meetings, groups will determine more specific objectives for each goal. All of the Focus Group information will be incorporated into the Community Strategic Plan document which will be considered by the Board of Supervisors later this year.

Meeting Date: 3/14/16

Recorder: Tracey Buzzo

Meeting Location: South County Library

Number of Participants: 22

Number of Small Groups: 3

Host: Supervisor Martha Hooker

Lead Staff: Jessica Webb, Patience O'Brien

Staff Facilitators: Kevin Slough, Brent Hudson, Brian Simmons, Anita Hassell, Tracey Buzzo, Caitlyn Gills

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Most Popular Topics by Group Consensus for Meeting 1

Top 3 most popular Topics selected by group consensus at the end of Meeting 1.

1. Vulnerable Populations
2. Public Awareness
3. Healthy Citizens

Meeting 1 Topics Confirmed at the Beginning of Meeting 2

1. Vulnerable Populations
2. Public Awareness
3. Healthy Citizens

See next page for GOALS DEVELOPMENT

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Meeting 2: GOALS DEVELOPMENT

GOALS are defined as "What you want to do."

Topic 1: Vulnerable Populations

1. Identify needs of each vulnerable population and prioritize –current levels of service and gaps
2. Identify funds and services available
3. Define vulnerable populations
4. Collaborate with private and public funds and resources
5. Help populations be as self-sufficient and independent as possible
6. Enhance access to services (legal and financial)
7. Set priorities based on levels of vulnerability-survival or quality of life

Topic 2: Public Awareness

1. Outreach-Increase availability through identifying barriers
2. Current vehicles of awareness
3. Types of awareness based on vulnerability
4. Establish baseline for knowledge/awareness
5. Earlier access to information through experts in the field
6. Increase information sharing with community partners
7. Improve accessibility to resources
8. Increase community involvement and partnerships (peer to peer)
9. Improve quality of existing program
10. Develop/Identity strategy to enhance public knowledge of the existing 211 information Clearing House
11. Have multiple means of communication
12. Increase access to information for volunteer opportunities

Topic 3: Healthy Citizens

1. Help citizens achieve physical mental and social health
2. Improve access to activities of daily living
3. Effectively engage citizens to be healthier

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4. Overcoming inertia and increasing motivation
5. Identify public's interest in what leads to a healthy lifestyle
6. Improve outdoor access and activities
7. Increase access to healthy food
8. Improve transitional support for all stages of life
9. Increase education/knowledge of healthy lifestyle
10. Identify where in our community has less access to community recreation centers
11. Develop/support public/private and cross jurisdictions-collaboration
12. Enhance recreational opportunities/activities

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End of Meeting 2: Group Consensus on Top Three Goals by Topic

Topic 1: Vulnerable Populations

- Goal 1. Identify needs of each vulnerable populations and prioritize current levels of services and gaps.
- Goal 2. Collaborate with public and private funds and resources.
- Goal 3. Help populations be as self-sufficient and independent as possible.

Topic 2: Public Awareness

- Goal 1. Outreach - increase availability through identifying barriers.
- Goal 2. Increase community involvement and partnerships, to include peer to peer opportunities.
- Goal 3. Identify and develop strategies to enhance public knowledge of existing 211 information clearing house.

Topic 3: Healthy Citizens

- Goal 1. Effectively engage citizens to be healthier through increasing motivation and education.
- Goal 2. Enhance recreational opportunities and activities.
- Goal 3. Improve transitional support for all stages of life as it relates to overall health and well-being.